NJ PrEP Initiative Update

New Jersey Department of Health
Division of HIV, STD and TB Services (DHSTS)

ANNUAL HIV TESTING SITE COORDINATORS’ MEETING
PRINCETON, NJ

May 10, 2018

Steven Saunders, MS
Director, HIV Prevention, DHSTS
PrEP involves taking one pill (Truvada) daily by high risk HIV negative individuals to prevent the acquisition of HIV infection.

First and foremost, appropriateness of PrEP is completely dependent upon HIV status. An individual must test negative for HIV prior to initiating PrEP, and free of recent potential exposure.

Therefore, PrEP Service Integration occurs at two levels:

- At the time HIV testing occurs at a counseling and testing site (CTS) or other testing venue, or by the PrEP Counselor; or
- When PrEP Counselors provide specialized PrEP counseling to those identified by HIV Test Counselors as negative, but at significant risk of HIV infection; self-identified walk in clients may also result from PrEP project marketing efforts.
New Jersey PrEP Update

Clients Who May Choose PrEP

HIV TEST

DIS
CBOs
HRN
PrEP Counselor
PrEP
PrEP Prescriber
HIV Care Navigator
Partners Tested
HRN
HIV+
HIV Clinics
STD/PP Clinics
HIV+

Training

No PrEP

DIS = Disease Intervention Specialists (DHSTS Partner Services staff)
CBOs = Community-based organizations
CTS = Counseling and testing sites, non-targeted
HRN = High-risk negatives
STD/PP = Sexually transmitted disease/Planned Parenthood
New Jersey PrEP Update

• As of May 2018, there are 23 geographically dispersed HIV PrEP Counselor projects in New Jersey.

• 8 are co-located at HIV prevention projects that serve gay and bisexual men, 11 in HIV clinics, 1 in an Adolescent/Young Adult Medical Clinic, 1 in an STD clinic and 2 in Planned Parenthoods.
PrEP Counselor Sites

- Asbury Park - VNA
- Atlantic City – Atlanticare Medical Center
- Camden - AHEC and Cooper Health Systems
- Cumberland County - Complete Care Health Network (Millville, Vineland and Bridgeton)
- Elizabeth – Trinitas Regional Medical Center
- Hackensack - Buddies of NJ
- Jersey City - Hudson Pride and Jersey City Medical Center
- Morristown – Morristown Medical Center
- Neptune- Jersey Shore Medical Center
- Newark- Newark Beth Israel Medical Center, St Michaels Medical Center, Rutgers University Hospital IDP and DAYAM, North Jersey AIDS Alliance
- Perth Amboy – PP of Northern, Central and Southern NJ
- Paterson - Hyacinth AIDS Foundation, PP of Metropolitan NJ, Paterson Health Department STD Clinic
- Plainfield - Hyacinth AIDS Foundation
- Trenton - Henry J. Austin Health Center and Hyacinth AIDS Foundation
PrEP Counselors....

• Provide PrEP education and general HIV risk reduction counseling
• Conduct in-depth HIV risk assessment to determine benefit of a PrEP referral
• Assess client readiness for PrEP regimen and medical follow-up
• Provide initial rapid HIV testing to screen out HIV+ (referred to Navigator)
• Assess client insurance status and complete insurance pre-authorization paperwork
• Refer client to medical professional to prescribe PrEP and do initial medical exam
• Provide additional supportive referrals
• Assist clients with adherence plans and monitor adherence between visits
• Develop local social media and social marketing campaigns to create awareness of PrEP and the PrEP Counselor services at each of their programs
WHO WERE THE PrEP CLIENTS?

- 2122 new clients seen by 23 PrEP Counselors
  - 81% male, 18% female, > 1% Transgender MTF, < 1% Transgender FTM
  - 34% non-Latinx Black, 24% non-Latinx White, 3% Asian, > 1% American Indian/Alaskan Native, > 1% Native Hawaiian/Other Pacific Islander, 7% Don’t Know or Other
  - 37% Latinx
  - 30% 18-25 years old, 37% 26-35 years old
  - 70% Gay/Bi/Other Men who have sex with other men, 16% Women, 22% Discordants, 1% Transgender Individual, >1% PWID, 2% nPEP in Last 6 Months, 28% Other
PrEP Counselor Data Jan 2016 – March 2018

WHAT WERE THE OUTCOMES FOR THESE CLIENTS?

• 1462 (69%) referred to medical practitioner for PrEP prescription & initial exam
  o 70 (3%) “failed” the benefit assessment but wanted PrEP anyway and were referred – why is this important? client-centered, not provider-centered
  o A majority of clients required two or more PrEP Counselor visits before linking to PrEP
    – why is this important? PrEP Case Management vs. PrEP Counseling

• 1409 (96%) kept or had a pending first appt with prescriber, 183 (13%) of whom failed to keep their appts

• 1140 (81%) received a prescription for a PrEP regimen and initiated PrEP

• 444 (21% of all clients seen) deactivated; 7 seroconversions in clients who were linked to a regimen but were non-adherent
COUNSELORS PROVIDED 16,501 DISCUSSIONS AROUND PrEP BY TOPIC:

- Adherence: 6%
- STDs: 18%
- Risk-Related: 19%
- Payment Assistance: 22%
- PrEP Education: 15%
- Other: 20%
PrEP Counselor Program Accomplishments for 2017

• PrEP Counselor Training updated to include Stages of Change model
• A county-by-county list of PrEP Prescribers in New Jersey was developed with more than 90 medical PrEP Prescribers listed
• A web-based client-level data collection system replaced previous aggregate data collection methods
• ARCH Nurses were cross-trained to serve as PrEP Counselors
• PrEP was integrated into HIV Test Counselor Training for new counselors, and a one-hour on-line PrEP Update training or previously trained HIV Test Counselors
• All existing HIV Test Counselors should have completed the on-line PrEP training module from Rutgers that has been available since last year’s meeting
PREP REFERRALS FROM HIV TESTING SITES

The Good News and the Bad News

• According to PrEP Counselor Data, 182 were referred to PrEP Counselor in March* and April 2018, and 82 (45%) came from CTS. 😊
  *CTS as a unique referral source was added to PrEP database in March 2018, previously CTS was included in an aggregate “from another agency” option.

• 35 DHSTS CTR grantees: 18 grantees have trained HIV Counselors, 😊 17 have none. 😞

• 8 grantees have referred 10 or less clients to PrEP in all of 2017. 😞

• Referral of at least 10% of clients tested will be a requirement starting 7/1/18.

• 11 Grantees met this standard in 2017. 😊
## PREP REFERRALS FROM HIV TESTING SITES

### Grantees that have failed to train any Test Counselors:

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<thead>
<tr>
<th>Grantee</th>
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<tr>
<td>Cooper Health System</td>
<td>PRAHD</td>
<td>Neighborhood Health Services</td>
</tr>
<tr>
<td>Paterson City</td>
<td>Complete Care</td>
<td>Jersey Shore Medical Center</td>
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<tr>
<td>Burlington County HD</td>
<td>Rutgers –DAYAM</td>
<td>Bergen County HD</td>
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<tr>
<td>Raritan Bay Medical Ctr</td>
<td>St. Michael’s Medical Ctr</td>
<td>Catholic Charities</td>
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<tr>
<td>Morristown Memorial</td>
<td>Eric B Chandler</td>
<td>East Orange HD</td>
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<td>SJAA</td>
<td>Camden AHEC</td>
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### Grantees that have trained some but not all Test Counselors:

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<tr>
<td>Ocean County HD</td>
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<td>Rutgers RWJ</td>
<td>AAOGC</td>
<td>Jersey City Medical Ctr</td>
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<td>NJCRI</td>
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ON-LINE PREP TRAINING MODULE FROM RUTGERS
LINK FOR REGISTRATION: HTTP://HIV.RUTGERS.EDU/TRAINING/

Course Registration

Training courses are offered exclusively to individuals that work for agencies that receive funding by the New Jersey Department of Health, Division of HIV, STD, and TB Services.

Select course(s)

Reminder: Confirmations for all courses will be generated 2-3 business days. For all others, approximately 2 weeks prior to the date of all other courses.

- [ ] E-Course | HIV Disease: The Basic Facts E-Course (CSG-214) | Online
- [X] E-Course-NJ PrEP Informational and Referral Training for HIV Test Counselors
- [ ] 5/9/17 - PrEP Counselor insurance Training BY INVITATION ONLY - Register by 5/3
- [ ] 5/15 - 5/18/2017 - CLEAR Training of Facilitators | Registration closes: 4/24/17
PrEP Counselor Program Goals for 2018

• Expand the availability of PrEP Counselors starting July 1, 2018
  ✓ RFA for PrEP Counselor Programs for Latino gay and bisexual men
  ✓ Conversion of six former prevention with positives grantee programs to PrEP Counselor programs
  ✓ Additional targeted expansion programs in underserved locations and high prevalence areas

• Explore “same day PrEP” at two demonstration locations

• Continue to grow the county-by-county list of PrEP Prescribers in NJ

• Complete training of all Test Counselors
New Jersey PrEP Update

THANK YOU

&

QUESTIONS